



## WHAT'S IN A DANCE? SHADRACK'S DELIGHT: AN EXAMPLE

Ever wonder where contra dances come from? The form, and many dances, originated among the country dances of the British Isles. Traditional dances can often be recognized by their "proper" set formation, with the sexes in separate lines. The terms "active" and "inactive" also come from these older dances, where half (or more) of the dancers do little (except flirt) — it made sense when women *and* men wore corsets!

Most of the dances we do now were composed within the past 20 to 30 years, and are characterized by lots of interaction with the opposite sex, almost continuous movement for all the dancers, and little or no difference in figures between "actives" and "inactives." These dances are fun and easily learned by newcomers.

"Shadrack's Delight" is one of these contemporary favorites. It was written in 1972 by Tony Parkes, one of the country's few full-time (no day job!) contra dance callers. (Insider scoop: it's named after a friend's teddy bear.) In his book, *Shadrack's Delight and Other Dances* (1988), Tony says that Shadrack's Delight was the first "workable contra dance" that he wrote. It was the first of many!

### Here's SHADRACK'S DELIGHT:

Duple improper contra dance

Music	What the Dancer's Do	Counts to dance it
A.1	- Do si do the neighbor, once & a little bit more, take hands in a wavy line of four (neighbors join rt hands, ladies join lft hands in the center.	[8 beats]
	- Balance	[4 beats]
	- Turn by the right hand halfway around; gents join left hands in the center	[4 beats]
A.2.	- Balance	[4 beats]
	- Gents turn by the left hand halfway around	[4 beats]
	- Swing partner; end facing down	[8 beats]
B.1.	- Down the hall four in line	[4 beats]
	- Turn as couples	[4 beats]
	- Up the hall four in line	[4 beats]
	- Cast off, still holding hands (Alt: Bend the line)	[4 beats]
B.2.	- Right and left through across the set	[8 beats]
	- Ladies chain back across	[8 beats]

NOTATION NOTES: "Duple improper" refers to the formation. "Duple" indicates that pairs of couples dance together within the set. Many older dances were triples, but contemporary dancers find these a little complicated and with too much standing around. "Improper" means that the sexes are mixed along the lines.

This is not how the dance is called, but simply a description of the figures. Dances are usually recorded this way in print, and callers work out individual approaches to calling the dance.

The A.1. — B.2. refer to the music. Contra dance tunes typically consist of two parts, A and B, each of which is played twice. The A and B parts are 16 beats each, for a full 64 beats to a dance. The featured figures in Shadrack's Delight come every 8 beats, fitting standard musical phrasing within each part.

Interested in learning to call? Contact me (327-1779) and we'll set up a workshop sometime early this summer. — Becky Nankivell

## CHILDCARE AT THE DANCES

Several dancers and musicians have expressed interest in getting childcare going at the dances. People would like their kids involved, but not underfoot on the dance floor. Childcare seems the obvious answer, and it was the subject of April's Dance Committee meeting. At that meeting we decided that two babysitters, one college age, and one helper who is ~13 yrs old, would be needed. The babysitter would be paid by donation with a suggested fee of \$3 per child. Many people kindly offered to donate toys and activities. These ideas are by no means cast in stone. A lot depends on how many children would need the care. If you would like to use the childcare or if you have ideas or suggestions, please call Jacquie at 571-8908.

**A big thanks to David Faris for submitting a great photo to our art-work contest. You will be seeing it on a lot of flyers, no doubt.**

## BAKE SALES

You may have noticed we started to do bakesales at the dances. The money we raise will go to help send two of our members to dance camp. Becky Nankivell will be going to caller's week at the John C. Campbell Folk School in North Carolina. She'll come back and wow us with some of her new dances. Martina Stockmaster will be going to a dance camp to learn the ins and outs of starting an AZ dance camp. Martina has agreed to research and spearhead the project. Please support them by munching down at the dances (remember no food is allowed on the dance floor at Armory Park). If you would like to bring food, please let Becky know (327-1779).

## CALLER'S CIRCUIT

Our first Arizona Caller's Circuit was a success. We invited three callers (Eric Black, Kathy Anderson, and Bob Dalsemer) to tour the Arizona dance communities. Each of them gave a callers' workshop and called a dance here in Tucson. We were able to pay their calling fees and airfare and still have a little left over.

How did you feel about the first Arizona Caller's Circuit? Did you enjoy it, and do you think we should do it again next year? Would you like to see more of a particular style of calling? Would you like the callers to do dance workshops? Would you like more or fewer out-of-town callers to come to Tucson? Give us some feedback so we can incorporate your wishes in next year's plan. Either let me know at the next dance or call me at 882-3068.

Claire Zucker

## ARIZONA DANCE SCHEDULE

**FIRST SATURDAYS (TFTM)** at the Temple for Music and Art's, Cabaret Theater on May 7th. On June 4th, through 1994, it's back at the First Congregational Church, 2nd Avenue and University. Instruction: 7:30, dance: 8-11 p.m. Info: Becky 327-1779.

**THIRD SATURDAYS (1F1M)** Armory Park Center, 5th Avenue between 12th and 13th Streets, 7:30-11 pm.

**MONDAY NIGHTS**, 4th Avenue Social Club (424 N. 4th), 8-10 pm. This is a low key really fun dance on a wooden floor!

**PHOENIX-SECOND FRIDAYS**- Grace United Methodist Church, 2024 E. University, Potluck 6:30, dance 8:00. 893-3328.

**PRESCOTT-FIRST and THIRD FRIDAYS**, Prescott Armory 778-5118.

**FLAGSTAFF-SECOND SATURDAYS** Marshall School, 840 N. Bonito. Info: 774-7261.

2nd Annual **BISBEE DANCE**, Saturday, June 11, 8-11:30 pm, beginners instruction 7:30 pm, Kilimanjaro Club in Old Bisbee! Take a break from the summer heat in Bisbee.

To contribute to the next *Dance Card* call Claire (882-3068) by early August.

## FACES IN THE CROWD

Interviews with members of the dance community.

### TOM GOLTZ, DANCER

Tom started with Regency dancing at a Phoenix sci fi Con. He tried club squares and found it too strict. He began contra dancing this year on TFTM Monday nights.

Tom likes contra dancing because "it's not an intellectual activity" (compared to sitting in front of a computer) and because it's not too strict. He dances on Monday nights because he doesn't like crowds.

### DANCER, MUSICIAN, CALLER

Celia started with folk & Scottish country dancing in '70's in Ohio. She got into contra dancing in '82 in Rochester, NY. She began playing piano and calling dances in Tucson in 1991.

Why contras? Because, "It has everything: exercise, socializing, community, flirting, great music." Says she is a dance evangelist because she feels contra dance "fills a need for community that doesn't get met elsewhere in society."

Note: Celia is leaving us this summer to return to Rochester, NY. We wish her the very best, she will be missed!

## Out-of-Town Dance Events

For more info about these or other dance events call Claire at 882-3068, or Becky at 327-1779.

**MAY 27-30, Folkmadness, NMFolkmaids** (Jemez Mtns, just North of Albuquerque) Info: 505-982-9453.

**MAY 27-30, Northwest Folklife Festival**, Seattle Info: 206-684-7300.

**JUNE 10-12, Buckhorn American Dance Camp**, Fort Collins, Colorado. Info: Footmad, 303-449-5962.

**JULY 3-10, Festival of American Fiddle Tunes**, Port Townsend, WA. Info: 206-385-3102

**Lady of the Lake Music & Dance Camps**, Lake Coeur d'Alene, ID., Spokane Folklore Society.

**JUNE 19-25**, (already has a waiting list) \$340, Staff: Wild Asparagus, Bare Necessities, Info: 509-325-1876.

**AUGUST 14-20, Family Week**, Info: 509-325-1876.

**Mendocino Dance Weeks, BACDS.**

**JULY 9-16**, \$445, Staff: Bare Necessities, Moving Cloud Orchestra, Brad Foster, Sandy Silva, & Jody McGeen Info: 415-856-3038 or 707-459-2141.

**JULY 16-23, Family Week**, \$405 (less for kids), Staff: Hillbillies from Mars & more, Info: 707-765-6559.

**Buffalo Gap, Capon Springs, West Virginia, CDSS.**

**JULY 9-16, Family Week,**

**JULY 16-23, English/American**, \$467, Staff: A Band Named Bob, & more, Info: Same as for Pinewoods below.

**Pinewoods Camps, Plymouth Massachusetts, CDSS.**

**JULY 16-SEPT 3**, Offers several camps: English/American, Early Music, Folk Music, and Family Week. Info: 413-584-9913 or 413-585-8728.

**Ashokan, New York.**

**JUNE 26-AUG 27**, Offers three camps: Northern, Southern, Western/Swing. Info: 413-584-9913 or 413-585-8728.

**SEPT 2-5, Camp Alta Sierra, Dance Crazy.** Info: 310-459-7179.